### Breakfast Menu

# Maria's by the Sea

#### **Lighter Beginnings**

# Toasted Bagel with Cream Cheese & Jam 8 Wheat or White Toast 5 Tropical Fruit Plate 11

An Assortment of Fresh Melon, Pineapple & Grapes

#### Parfait 10

Granola, Berry Compote, Yogurt

#### Hot Cream of Wheat or Oatmeal 10

#### Maria's Benedicts

#### Classic Eggs Benedict 19

Poached Eggs, Ham, English Muffin and Hollandaise

#### "Island Style" Benedict 20

Fried Johnny Cake Split, Topped with Saltfish, Poached Eggs and Hollandaise

#### Florentine Eggs Benedict 16

Poached Eggs, Sauteed Spinach, English Muffin and Hollandaise

#### Classics

#### 2 Eggs any style 16

Choice of Bacon or Ham or Turkey or Sausages & Toast

#### Mediterranean Omelet 18

A 2 Egg Omelet Filled with Sundried Tomatoes, Spinach & Feta Cheese

#### Maria's Deluxe Omelet 18

A 2 Egg Omelet Filled with Diced Ham, Cheese, Onions,
Peppers & Mushrooms

#### **Meat Lovers Omelet** 19

A 2 Egg Omelet Filled with Bacon, Sausage, Ham & Cheese

#### Fisherman's Omelet 22

A 2 Egg Omelet Filled with Shrimp, Salmon, Onions, Peppers & Cheese

Classics Served with Home-Style Potatoes & White/Wheat
Toast

Any of the above made with Egg Whites Only Add 4

#### Sides

Ham, Turkey, Sausage or Bacon 5

## A 15% Service Charge will be applied to your bill

\*Consuming raw or undercooked meats or eggs may increase your risk of food-borne illness. Please inform your server if you have a food allergy or intolerance before ordering.

#### Griddle

#### Cinnamon French Toast 16

Sliced Bread dipped in our Cinnamon-infused egg batter, Griddled, with Berry Compote & Topped with Powdered Sugar

#### Belgian Style Waffle 12

A Thick, Fluffy, Belgian-Style Waffle & Whipped Cream

#### Chicken & Waffles 23

Hand-Breaded Chicken Strips, Jalapeño-Cheddar Waffle & Honey Hot Sauce

#### Classic Pancake Stack 11

A Stack of Fluffy Pancakes Griddled to Perfection Single Pancake 6

Served with Original or Rum Syrup

#### **House Favorites**

#### Corned Beef Hash & Poached Eggs 19

Served with Grilled Tomatoes & Toast

#### Traditional Saltfish with Johnny Cake 22

An Island Favorite! Saltfish (cod) Sautéed with Onions, Peppers, Tomatoes & Fresh Herbs, Served with 2 Fried Flour Breads, Cucumber & Tomato Salsa

#### Smoked Salmon 22

Served with a Toasted Bagel, Red Onions, Cream Cheese & Capers

#### **Breakfast Burrito 20**

Eggs, Cheddar Cheese, Sausage, & Potatoes in a Flour Tortilla. Served with Guacamole & Salsa

#### **Breakfast Tacos** 18

2 6in Flour Tortillas with Eggs, Cheddar Cheese & Sausage or Bacon. Served with Potatoes, Guacamole & Salsa

#### Steak & Eggs 26

Grilled NY Strip, Eggs, White/Wheat Toast & Potatoes

#### **Breakfast Grilled Cheese Sammy 16**

Buttered White/Wheat Toast with 2 Eggs any style & choice of American or Cheddar Cheese. Served with Potatoes

#### Beverages

#### Mimosa 9

Prosecco & Orange Juice

Orange, Pineapple, Tomato, Guava, Grapefruit,
Cranberry Juice 4
Hot Chocolate 5

Selection of Teas, Milk or Fresh Brewed Coffee 4

Espresso Single 3/ Double 4
Cappuccino Sm. 5/ Lg. 6
Cappuccino with Flavor Sm. 6/ Lg. 7

